# SUMMER CAMP

200



We Create Examples

www.whitedesertmahamaya.org

# (Summer Camp)

Children learn as they play. Most importantly, in play children learn how to learn. Let the child be the scriptwriter, the director and the actor in his own play.

Although each child is a unique individual, we believe summer camp is beneficial for all kids. No matter what your child's interests are, camp helps children develop important social, emotional and cognitive skills. Best of all, children create memories

that last a lifetime at camp. Summer camps help children

- Develops Lifelong Skills
- Promotes Independence
- Makes Time for Play
- Teaches Teamwork
- Teaches Resiliency
- Provides Fun Screen-Free Activities
- Encourages a Connection with Nature
- Fosters Growth
- Builds Self-Esteem
- Supports Healthy Living
- Nurtures Friendships
- Teaches Kids to Respect Differences
- Keeps Kids Intellectually Engaged
- Promotes Growth in a Safe Environment
- Gives Children a Sense of Purpose

A seven day camp/event was organized by White Desert Mahamaya Trust, Padhar, where various life targetted activities were conducted for te children. Every day, we focused on different aspects of development, which were well-received by the children. At the end of the event, the children who participated were presented with education accessories,, certificates, and a souvenir( booklet) with photogrpahs of all the activities "Games are entertainment, but more importantly, they are a teacher."

# **ACTIVITY 1: Games**

#### **A Strong Tool for Development**

Games are essential for physical and mental development, providing fun and fitness for both children and adults. In today's digital age, children are more inclined to screens than the playground. Indian traditional games are very effective in reducing screen addiction and encouraging children to be active.



### **ACTIVITY 2: Paper Craft**

#### **A Tool for Creativity**

"Art is the language of personality – where words fail, colors speak." Paper craft combines art and sensitivity, allowing both children and adults to express creativity. Using simple materials like paper, colors, glass, and cloth, amazing creations can be made. It develops imagination and hand skills.







Second Day

# Астічіту 3: Waste то Best

#### **From Waste to Utility**

Third Day

Children reused plastic waste to make eco-bricks to help the environment.

- Eco-bricks are an innovative solution to the global plastic waste problem. Made by tightly packing non-biodegradable plastic waste into clean and dry plastic bottles, eco-bricks transform waste into a usable building material.
- Eco-bricks are a simple yet powerful step towards sustainable living. By turning waste into a useful product, they teach us that even garbage can serve a greater purpose if used wisely.









# ACTIVITY 4: Dance, Drama and Music

Fourth Day

#### **Expression and Confidence**

These activities are not just entertainment but promote expression, confidence, and creativity. They foster emotional intelligence and holistic personality development.



# **ACTIVITY 5: MUD ART**

#### **Nurturing Creativity**

Clay is an accessible, eco-friendly medium. Through clay work, children connect with nature and develop imagination and skill.

Clay has been part of Indian culture for centuries—from pottery to temple art. Teaching children clay work keeps them connected to this rich heritage and revives the value of handmade traditions.













# **ACTIVITY 6: EDUCATIONAL TOUR**

**SIXTH Day** 

#### **A Journey of Learning**

"Every journey brings inspiration, every step brings lessons." An educational tour is not just a picnic—it's a living classroom where children observe, absorb, and connect knowledge with reality. It breaks the routine and opens their minds to history, culture, nature, and society.

Students visited the Vande Mataram Memorial in Kutch, gaining insights into the Indian freedom struggle. It made them curious and engaged with history.



# ACTIVITY 7: Yoga Day

#### Inhale the future, exhale the past.

Yoga unites body, mind, and soul. The word "Yoga" comes from Sanskrit meaning "to unite." It helps achieve physical wellness, mental peace, and spiritual growth.

In today's fast-paced, tech-heavy world, children face stress, distraction, and reduced physical activity. Yoga provides a natural, calming, and strengthening experience that helps them grow healthier and more mindful.



